



**Wednesday, January 21**

Dear Heavenly Father, we pray for all those who are suffering with physical illness. We pray your never-ending comfort and care and healing on them, if it be thy will. We thank you and praise your name forever. Amen.

**Thursday, January 22**

Father God, show us how to trust you more. Help us surrender our worries and concerns to you, knowing that all things work together for good, as your Word promises. Keep hope alive in our hearts, knowing that you always take care of us. In Jesus’ name we pray, Amen.

**Friday, January 23**

God of all things, as the work week comes to a close, give us time for reflection so that we may learn to be better stewards of our time. Open our eyes to see opportunities to share your Good News. Grant us self-control and discipline to follow you and abandon the ways of the world. Amen.

**Saturday, January 24**

God of Life, things are not always easy, and we often forget to focus on you because we are worried or struggling or consumed by hard things. We know that you are always with us and that you will never leave us or forsake us. Guide us to focus on you in all things and help us to grow through our struggles. Grant us rest when we are weary, strength when we are weak, perseverance when things are hard, hope when we feel lost, and discipline to do what we need to do. Amen.

**Sunday, January 25**

Dear loving and gracious God, we give thanks for your unending patience with us. Though our intentions may be worthy, we continually fall short in our thoughts and deeds from the example that your son has shown us. Your love and forgiveness are boundless. We thank you for your mercies and ask for your continued guidance in our lives. Fill our hearts with an outpouring of love and forgiveness to our friends and family members. Amen.

**Monday, January 26**

God of infinity, thank you for the gift of Monday, a day to start a brand-new week with you. Thank you for a new day full of opportunities to become the people you are shaping us to be. Show us what we need to do for you today and this week. Let us focus on following you and devoting our energy to your purpose. Amen.

**Tuesday, January 27**

Heavenly Father, knowing your peace, love and joy provides us stability and grace in times of trial. Guide us in sharing this with others in their time of need. In Jesus’ name we pray. Amen.

**Wednesday, January 28**

Gracious God, we confess that most of the time we see the glass as half empty when reality is not nearly as bad as we make it out to be. Today, we ask that you open our minds to help us find the good in all things. Show us new ways to be positive and encouraging. Amen.

**Thursday, January 29**

Heavenly Father, please be with us as we move through the day so that we may see the wonder of the day as we pass through it. Help us to let go of the wounds from past hurts and help us to see around the things that may wound us today. Help us to be honest with ourselves and others and to be grateful for all we have. Amen.

**Friday, January 30**

Dear God, you have put special people all around us. They look after us and give us so many good times. They let us know that we are not alone. They remind us of Jesus’ love for us. Thank you for the gift of our friends and your son. Amen.

**Saturday, January 31**

Kind Heavenly Father, thank you for your awesome grace and the many wonderful blessings you bestow on your children. But most of all, thank you for your precious son, Jesus Christ, our Lord and Savior who died on the cross so that we might have salvation. Help us live our lives to your glory. In Christ’s name, Amen.

**Monthly Prayer Team Meeting  
First Wednesday of every month  
10-11:30 a.m. | ES309**

Be part of our team and join us in prayer each month as we pray for the needs of our congregation and community, share updates, and support one another in our ministry of prayer. These monthly meetings provide an opportunity to connect, reflect, and be encouraged as we lift our hearts to God. All who feel drawn to prayer are welcome. Contact Katrina: [kdager@stlukesmethodist.org](mailto:kdager@stlukesmethodist.org)

PRAYER  
CALENDAR



JANUARY  
2026

We pray and worship to build a closer relationship of love with Jesus Christ. Let’s pray each day, uniting our hearts with one another and with God.

*They devoted themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer.*  
Acts 2:42

Visit [StLukesMethodist.org/prayer-request](https://StLukesMethodist.org/prayer-request) to leave a prayer request.



3471 Westheimer (at Edloe) | Houston, TX 77027  
[StLukesMethodist.org](https://StLukesMethodist.org) | 713-622-5710





**Thursday, January 1 – New Year’s Day**

Heavenly Father, we thank you for the gift of a new year and an opportunity to reset. Help us to leave behind our sin that so easily entangles us and guide us to form new habits that draw us closer to you. Let us take time to rededicate ourselves to you with our prayers, our presence, our gifts, our service, and our witness. Amen.

**Friday, January 2**

Heavenly Father, we ask for your Holy Spirit to guide us through this new year. We thank you for your faithfulness and the opportunity to be part of your great purpose. Help us surrender our plans to you and open our eyes to see how we can show your love to others. In Jesus’ name we pray, Amen.

**Saturday, January 3**

Heavenly Father, we praise your Holy name and pray that you will remind us that you are always watching over us. Regardless of the situation, your presence helps us to put things in the proper perspective. For this we are truly grateful. Amen.

**Sunday, January 4**

Heavenly Father, we often set resolutions for the new year according to our priorities and the ways of the world. Guide us to be mindful of your ways and to follow the example of Jesus this year. Let our focus be on you and what you would have us do. Amen.

**Monday, January 5**

Dear Heavenly Father, we thank you and praise your name for all the blessings and hope you give us every day. Some things are small, and we almost miss them; others are larger things we are waiting to see. Help us to see that you are always with us and help us to show others your forever love and hope. Amen.

**Tuesday, January 6**

Lord, we get distracted. Distracted by people, devices, TV, and responsibilities. We know we need to commune with you, but we allow everything to distract us from time with you. Call out to us and draw us toward you so that we can experience true peace and satisfaction. Amen.

**Wednesday, January 7**

Heavenly Father, it is easy for us to be upset and irritated when things are not going the way we wanted. In those times, remind us that by refocusing our attention on you we can have immediate relief from those anxious feelings. Help us to be ever mindful of your presence and help us to be thankful in all circumstances. Amen.

**Thursday, January 8**

Heavenly Father, we have an amazing gift of hope in Jesus Christ, our Savior. In fact, it is hard to imagine going through the hard times of life without that hope to sustain us. Yet, there are many who do not know his love and grace and who live without the vision of hope of eternal salvation. Grant us courage and opportunities to share your love and hope with those around us. Amen.

**Friday, January 9**

Father in Heaven, we want to be part of something amazing! We can feel you calling us to do something greater this year, and we are ready. We don’t want to miss any more of the opportunities that you give us. Guide us and grow us in small ways so that we can be part of your bigger plan. Amen.

**Saturday, January 10**

God, sometimes we feel like we don’t have time or resources to do anything. Yet, we know that we could use our time and resources more wisely for your purposes. Help us to seek you first always with our time, talents, money, and whole lives. Amen.

**Sunday, January 11**

Heavenly Father, you sent your son to be among us, fully human yet fully divine, so that we may come to know him and follow his ways. We confess that we want to be like Jesus, but we have made mistakes and fallen short of his example. Help us to lay down our guilt and shame at the foot of the cross and to strain toward your divine calling on our lives. Help us focus on the things that we can change to live and love more like Jesus did. Amen.

**Monday, January 12**

Lord Jesus, we want to be made whole. We want to love unconditionally, forgive routinely, and be faithful in all circumstances. Let us understand that you are the key to our renewal. Not us, you. Amen.

**Tuesday, January 13**

Heavenly Father, we pray today that our hands will make a difference in your world. Whether they are clasped in prayer, working in your earth, holding the hand of a loved one or reaching to lift someone up from their situation, let my hands show your love. Amen.

**Wednesday, January 14**

Father God, we lift up our brothers and sisters who are looking for jobs. We ask that you open the right doors and close the wrong ones. Make divine connections that cause all pieces to fall into place for a path forward. Work through your children to complete your will and purpose. In Jesus’ name we pray, Amen.

**Thursday, January 15**

Father, we know that one day with you is better than thousands elsewhere and that you are with us always. Break open our schedule to spend time with you and break open our hearts to follow you. Captivate us with your holy presence. Amen.

**Friday, January 16**

Our Father in Heaven, we are so blessed to be called your children. Thank you for sending your son, Jesus, to show us how to live. Help us to show others his love and peace. Amen.

**Saturday, January 17**

Heavenly Creator, we thank you for the gift of our community of faith here at St. Luke’s. Thank you for the sweet person who answers the church phone when we call, and thank you for those who stand outside to smile and greet us on Sundays. Thank you for the media people who bring great sound and videos and thank you for all of the staff who work behind the scenes to grow us in our faith. Thank you for the pastors who guide us and inspire us and thank you for our church friends who live our lives with us, pray for us, and hold us accountable. Amen.

**Sunday, January 18**

Loving Creator, we pray for those who feel forgotten or unseen. Open our eyes to notice where love is needed. Use us to bring kindness and hope to others. Let them feel your warm and comforting presence. Amen.

**Monday, January 19 – MLK Day**

Father, unite us together in your name for your purpose, and help us to seek justice, love mercy, and to walk humbly with you in all that we do. Give us the strength to rise above worldly ways and to seek your higher calling. Let us be bound together in your perfect love. In Jesus’ powerful name, we pray. Amen.

**Tuesday, January 20**

Loving God, we thank you for the many blessings we often overlook. Open our eyes to the goodness that surrounds us each day. May our hearts overflow with gratitude and our lives reflect your grace. In Jesus’ name, Amen.